

## **Southern Diabetes Winter Conference**

**Date: 30<sup>th</sup> November 2012**

**Venue: Hotel Marriott, Portsmouth**

**9:00 – 9:30: Coffee / Reception / Welcome: Dr Partha Kar**

**9:30 – 10:15:  
The Big Debate:**

*"What choice after Metformin?*

*Out with the old (sulphonylureas and glitazones) and in with the new (gliptins and GLP1 analogues)?"*

**For: Dr Mike Masding**

**Against: Dr Andrew Brooks**

**10:15 – 11:00:**

*"The state of mind in diabetes - Is it psyche or hype?!"*

**Speaker: Dr Kath Barnard**

**11:00 – 11:15: Coffee break**

**11:15 – 12:15: Workshop 1-4**

**12:15 – 1:15: Lunch**

**1:15 – 2:15: Workshop 5-9**

**2:15 – 3:15: Top 4 workshops (as per delegate request) repeated**

**3:15 – 3:30: Coffee**

**3:30 – 4:15:**

*Diabetes foot care – to refer or not to refer?*

**Speakers: Dr Darryl Meeking and Sharon Tuck**

### **WORKSHOPS:**

- 1. Challenges with the adolescent diabetes patient: Dr Partha Kar**
- 2. Blood sugar monitoring and interpretation: Lisa Skinner**
- 3. Erectile dysfunction – potions and gadgets: Sarah Moutter & Louise Gallop**
- 4. Treating obesity in diabetes – a fat lot of good? : Dr Lorraine Albon**
- 5. Dietary fads and their effects on diabetes management: Sue Beaden or Jeannette Head**
- 6. Top tips for pregnancy management in diabetes : Prof Mike Cummings**
- 7. Impaired fasting glucose – stopping the rot! : Dr Lina Chong**
- 8. Managing intercurrent illnesses, steroid use etc in diabetes: Jo Buchanan**
- 9. Secondary endocrine causes of diabetes – don't forget them! : Jean Munday**